



## FIF Monthly "Shout Out"!

### What We Do:

First In Families of Wake County works to support people with disabilities and their families by listening to what they need and then working to identify resources or goods to meet those needs. To meet needs, we work with our community. Last month's successes include:

- Assistance with lodging for a family who lost their home, due to foreclosure.
- Assistance with the purchase of bus passes for a child who experiences disabilities.

### What We Need:

We work hard to stretch our dollars by leveraging with local businesses and others in the community. Presently we need:

- Donations of gift cards to help support our families during the holidays;
- People who have computer skills;
- A truck and some muscle, to move furniture;
- Tutors for young children.

**Please contact us at 919-571-8092, ext. 16 or 18 if you would like to donate time, talent, gift cards or money!**

December 2009



**Cynthia working at the Happy Yappy Dog Wash!**

**FIF of Wake = Good Stewards of Tax Dollars!**

First In Families of Wake County recently held a fundraiser called the Happy Yappy Dog Wash! We raised nearly \$500 that will be used to support those that apply to Wake County First In Families. Our fundraisers help us stretch our state funding-stay tuned for information about future events!

### Future Focus: Creating a Time Bank within First In Families of Wake County



**Timebanking is based on the premise that everyone has something to contribute.**

**PLEASE LOOK FOR MORE INFORMATION NEXT MONTH ON OUR PROGRESS AS WE WORK TO LAUNCH TIMEBANKING!**

Wake County First In Families will embark on a new facet of their Chapter in the new year, which is called TimeBanking.\*

The driving force of TimeBanking is Time Dollars. By giving and receiving services, TimeBank members earn and spend Time Dollars. Everyone who gives can earn; every one who earns can spend.

TimeBank members earn dollars by helping others. They spend Time Dollars they have earned by being helped or receiving services from others.

Members identify skills and services where they are competent to give to another (earning Time Dollars) and skills and services where they have needs to receive from another (spending Time Dollars).

By implementing the TimeBank model FIF of Wake County will be inviting those helped to help others, allowing everyone to contribute.

- **All information above is from TimeBanking: The Wealth of Possibilities. [www.timebank.org](http://www.timebank.org)**

To remove your name from our mailing list, please reply to [cdrinkard@fifnc.org](mailto:cdrinkard@fifnc.org). For more information on First In Families of Wake County and to find out how you can become involved contact us at [pat@fifnc.org](mailto:pat@fifnc.org).